



ALASKA CENTER FOR ACUPUNCTURE

Presents:

Amplifying Your Health with Acutonics A Presentation by Renee Howard

Date: Wednesday, April 29th

Time: 7pm-8pm

Cost: FREE

Location: Alaska Center for Acupuncture, Palmer AK (in the Koslosky Center, above Vagabond Blues)

Sound, music, rhythm, resonance and harmony are found within the universe and our bodies. Many philosophers, theologians, alchemists, mathematicians and astronomers have dedicated their lives to uncovering this mathematical, musical universe and its relationship with our human experience and physical well being. Designed by an Acupuncturist and classically trained Musician, Acutonics help attune the human body through sound vibrations. This system of Healing incorporates gongs, bells, bowls, specifically calibrated tuning forks and music, in conjunction with the meridian and chakra systems of the body to access greater states of internal balance and harmony.

Please join us in a lesson of the healing art of Acutonics by hearing about:

- A brief history of the cross cultural uses of sound for healing
- Harnessing “Music of the Spheres”...What is Acutonics?
- Frequency and its effects on your body right down to the DNA
- Practical applications of sound healing in everyday life
- A group Acutonics “attunement” and meditation

Please pre-register for this presentation by calling **Alaska Center for Acupuncture at 745-8688** Space is limited, so call early!

About the presenter: Renee Howard is a Certified Massage therapist in Palmer. She works out of her own office “Body’s Wisdom Healing Arts” and also Soaring Crane Natural Health. She can be reached at 745-0264 or at bodywisdomart@live.com. She practices an Integrative style of Massage Therapy which incorporates Deep tissue, Swedish, Acutonics, Shiatsu, Craniosacral, and Polarity therapy. Renee was educated at the Heartwood institute in California and immersed in a year long, bodywork centered community specifically focused on Nutrition, Asian Healing Arts, and Holistic Health. A life-long Alaskan, Renee believes the purity and untouched wildness left in Alaska presents itself as one of the greatest healing tools left to draw from on earth.

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visit www.AlaskaAcupuncture.com**