



ALASKA CENTER FOR ACUPUNCTURE

Presents:

Finding Pieces...Trekking in Pakistan

Shown and Told by Becky Myrvold



A slideshow and commentary on trekking in Northern Pakistan

Date: Friday, December 6th, 2013

Time: 6:00-7:30 pm

Cost: Free

Location: Alaska Center for Acupuncture

Enjoy an evening of adventure travel photos and stories! In July and early August of 2013, Becky and two companions traveled to the Baltistan region of Pakistan. Traveling on the Karakoram Highway, passing through villages seemingly forgotten by time, witnessing education struggling to take hold at the Karakoram School –these were just preliminaries on the way to the hike. Trekking on the famed Baltoro Glacier, experiencing the magnificent Concordia area with K2 (second highest mountain in the world) as backdrop – unless you have visited here, the harshness and grandeur of this region cannot fully be understood. As the trek continues through the Snow Lake area the beauty threatens to overwhelm as life lessons are learned. Come, relax and enjoy as Becky shares this adventure with you.

About the Presenter: As a long time Palmer resident, Becky has a deep love and respect for Alaska and her mountains. Driven to adventure trekking in recent years, she has learned that although you may think you are traveling to see ‘big mountains’ and ‘rugged wild places’, that is rarely the only thing you experience. While sharing pictures of this harsh and hard land, she also hopes her stories will inspire you to find unexplored pieces within yourself.